

Free Empathy



is feeling and imagining yourself into the humanity of another.

I am offering to give you 5 minutes of deep listening.

No: judgments, advice, analysis, detachment, diagnosing, sympathy, pity, interruptions or fixing

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Pass it on

Take action to build a culture of empathy
Give a card & listen to 2 or more people

Empathy is presence, awareness, listening, hearing,
feeling, opening, connecting, unfolding...

Share your story, track where your card has been,
more at: CultureOfEmpathy.com

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